

New Progressive Rock Album, MONOMYTH, Debuts from Steelpan Artist, Teddy G and the Groove

JULY 17, 2020 - Los Angeles, Calif. -

Today marks the release of the debut album, **MONOMYTH**, from Teddy G and the Groove - a new steelpan artist. This concept album delivers an artistic audio visualization of the hero's journey. Bringing both notoriety and awareness to the steelpan instrument, MONOMYTH both introduces the sounds of the steelpan to new listeners while expressing a unique musical vision in progressive rock proportions.

Teddy G and the Groove was built on inspirations that challenged and defied styles, mixing genres to showcase the capabilities and versatility of the steelpan instrument. Led by Teddy G, who brings over 20 years experience as a professional musician and 12 years as a globally recognized writer in both steelpan and audio, the songs he composed for this album reflect his unique experience and perspective, reaching both steelpan music aficionados and new listeners as well.



“This album reflects our dedication to artistic expression, taking three years to write and record. We want to ignite the same passion in listeners while making the sounds of the steelpan instrument relatable, inspirational and, at times, style-defying,” said Teddy G, composer and band leader. “Ever since I was first exposed to the steelpan instrument in high school, I was hooked. It touched my soul in a way no other instrument has.”

Each song of the album represents a different piece of the hero's journey, first recognized and made famous by renowned professor of literature and mythology, Joseph Campbell.

The band was formed in 2017 and is comprised of Teddy G (double second steelpans), Camilo Cedeno (guitar), Adam Smith (bass guitar), Allan Ritter (drums) and Tyler Hunt (percussion). Trumpet was performed on the album by Ian Holmquist (on Algorhythmic and Revolt).

MONOMYTH consists of 10 songs and lasts a total of 33 minutes. The album is available on Spotify, Pandora, Apple Music, iTunes, CD Baby, Qobuz, Amazon Music, TIDAL and Napster. The official release date is July 17, 2020. Learn more about the band and the album at teddyandthegroove.com.

For interview requests and imagery assets, please contact the artist below.

Listen to the full album [HERE](#).

ABOUT THE ARTIST

Name: Ted Goslin

Company: Teddy G and the Groove

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ARTIST: Teddy G and The Groove

TITLE: MONOMYTH

RELEASE DATE: July 17, 2020

Tracklist:

1. Wizards
2. The Next Room
3. When the Dust Settles
4. Actions
5. Flowers in a Storm
6. Algorhythmic
7. Layover
8. Revolt
9. Native Drums
10. Las Cuevas